

Global Perinatal Services End of Year Report (2022)

January 6th, 2023

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01

ABOUT US

MISSION

Our mission is to provide Community-based Doula services that will educate, respect, and empower low-income, black, refugee and immigrant women and their families during pregnancy, birth and into early parenting.

WHO WE SERVE



Languages Available: *Somali, Amharic, Tigrinya, Arabic, Spanish, Darsi, Farsi, Pashto, Oromo, Mandinka, Wolof, Bambara, Punjabi, Shona, Maay Maay, Hindi, Susu, Nek, Tagalog, French, English, and many more*

NEW OFFICE



15203 8th Ave. S., Burien, WA 98148

June 2022

GPS moved to a new office space in Burien, WA where we host many in-person sessions such as Lactation Support and Parent Support Classes

NEW STAFF



Anna Elbrier
Programs Manager



Nour Shoora
Perinatal Support Coordinator



Porsch'e Proctor-Israel
Doula Certification Coordinator



Sodaba Pahlavi
Afghan Perinatal
Case Manager



Janay Clark
African American Perinatal
Case Manager

2022 GRANTS/PARTNERSHIPS



**WA State
Department of Health**
Birth Equity Project (BEP)

ASTHO

Breast/chest-feeding
Policy Brief Development



**King County Best
Starts for Kids (BSK)**
Help Me Grow (HMG),
Home-Based Services
(HBS) Doula Program

**Pacific Hospital
Preservation &
Development Authority
(PHPDA)**

Doula Advocacy Project &
Black Bundle of Joy (BBJ)



IMPACT 100 Seattle
2022 Grantee Partners

RECOGNITION BY THE COMMUNITY



Black Future Co-op Fund Award

Somali Excellence Award



Muslim Against Abuse Center Award



02

GPS EVENTS

COAT DRIVES



Coat Drive #1

January 20th, 2022
Afghani Refugees in
Federal Way



Coat Drive #2

December 5th, 2022
Afghani Refugees in
Burien



Coat Drive #3

December 15th, 2022
GPS Clients in Burien

HYGIENE KITS DISTRIBUTION



March 29th, 2022
Afghan Refugees in
Federal Way
Resettlement Hotel



LACTATION SUPPORT



DOULA LACTATION TRAINING SESSION#4

TOPICS COVERED WILL INCLUDE:

- PHYSIOLOGICAL CHANGES IN MOM'S BODY
- RELATIONSHIP BETWEEN COLOSTRUM & MECONIUM
- HOW OFTEN TO NURSE BABY
- IS BABY GETTING ENOUGH SLEEP?
- AND MUCH MORE!

SESSION LEAD BY
BINTA NIANG, LM

Thursday, March 31st
11am-1pm
Zoom ID: 868 2838 0464
Passcode: 036162

GLOBAL PERINATAL SERVICES
PROVIDING CARE SINCE 1997

The poster features a purple background with a large crescent moon on the left and a smiling sun behind clouds on the right. Several colorful stars (yellow, pink, blue) are scattered in the space between the moon and the sun.

Doula Lactation 4-Part
Refresher Course



GPS IS PROUD TO PRESENT WA STATE'S FIRST EVER LACTATION HOTLINE

Call or text the lactation hotline to receive free lactation support.

Call NOW

+1 888 260 1426

Open M-F 10am-6pm

The poster features a green and white wavy background. On the right, there is a circular inset image of a woman breastfeeding a baby. A small globe icon is positioned above the woman's head. The text is in a clean, sans-serif font.

Lactation Hotline
Launched

BIRTHING IN AMERICA

**BIRTHING
IN
AMERICA**

Presented By:
GLOBAL PERINATAL SERVICES
PREGNANCY, PARENTING & BEYOND

- Birthing in America is a series that helps new refugees and immigrants understand what pregnancy care and birthing in America are like.
- 4 sessions about 4 hours each on March 3rd, 10th, 17th, and 24th from 11am-3pm at the Federal Way ESA
- Refreshments provided

✉ info@globalperinatal.org


This pilot series of 4 classes covered topics relating to giving birth in America (*their rights as birthing individuals and type of care, navigating the hospital setting*) to newly arrived refugees and immigrants. Specifically the Afghan refugees living in the Federal Way resettlement hotel.

Hosted by Binta Niang, LM & Sodaba Pahlavi


BONDS OF KINSHIP SERIES

This series of 5 classes explored various issues relating to cultivating positive family relationships. The material is based on Islamic principles and supported by scientific data. The five weekly sessions consisted of presentations, group activities, and discussions.

Hosted by Neelam Khaki
Partnered with API Chaya




API Chaya



GLOBAL PERINATAL SERVICES
PREGNANCY, PARENTING & BEYOND

Bonds of Kinship

Cultivating positive family relationships
through skill-building within an Islamic framework



This series of 5 classes will explore various issues relating to cultivating positive family relationships. The material is based on Islamic principles and supported by scientific data. The sessions will consist of presentations, group activities, and discussion.

Sessions will be conducted in person at Global Perinatal Services
Access needs will be accommodated as far as possible.
Attendees will receive a stipend for participating

Location: 15203 8th Ave. S., Burien, WA 98148
Date: Wed Oct 12 - Wed Nov 16th 2022 (weekly)
Time: 10:00am - 1:00pm (lunch included)

Register at: <https://forms.gle/bb6lJQmZ5CxJ6AsJ8>



03

GPS PROGRAMS



DOULA
SERVICES

DOULA PROGRAMS



COMMUNITY-BASED DOULA

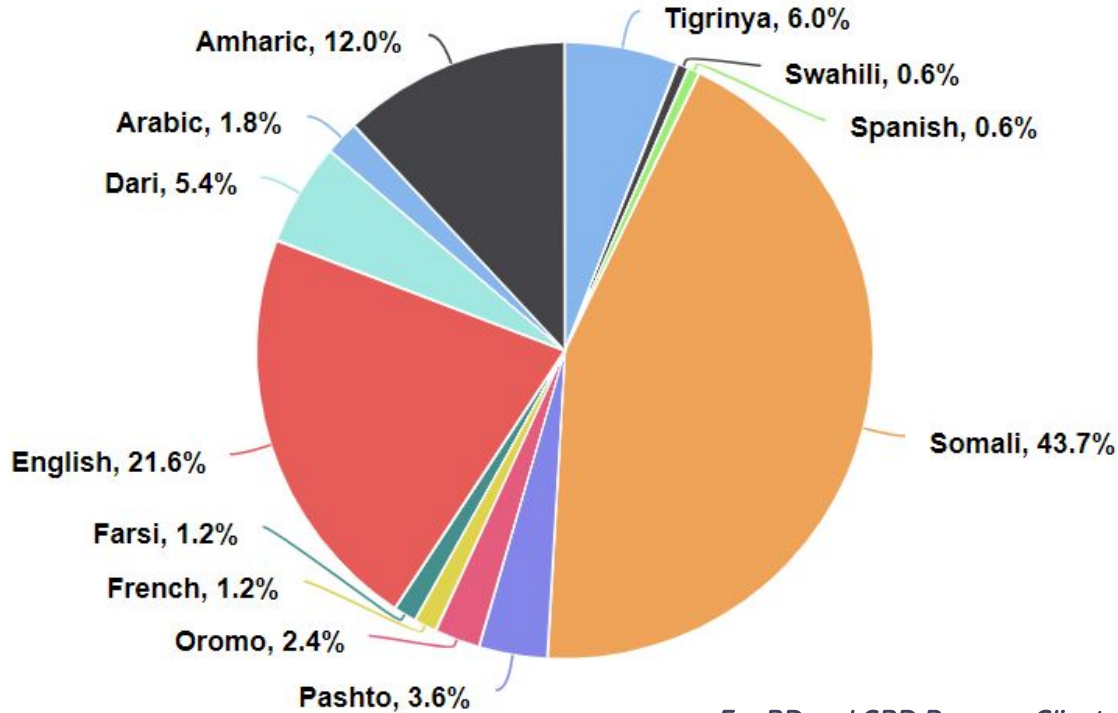
- Long Term (1 year after birth)
- 2 Trained and Certified Doulas
- Language Available: Somali



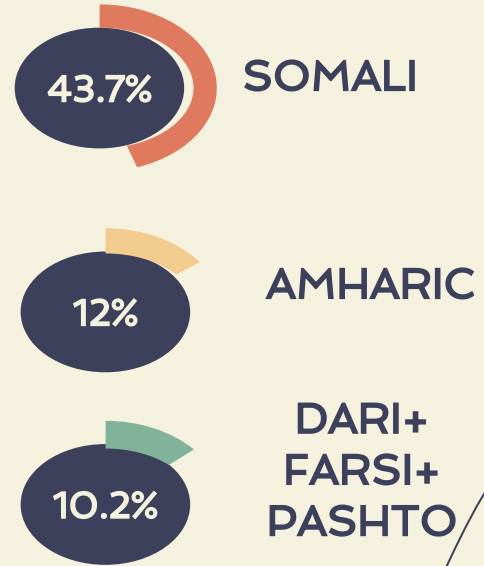
BIRTH DOULA

- 18 Labor Support Doulas Trained and Certified Doulas
- 17 Languages Available: Somali, Amharic, Tigrinya, Farsi, Dari, Pashto Arabic, Bambara, Oromo, Mandinka, Wolof, Shona, Maay Maay, Hindi, Susu, Nek, French & English

PRIMARY LANGUAGES

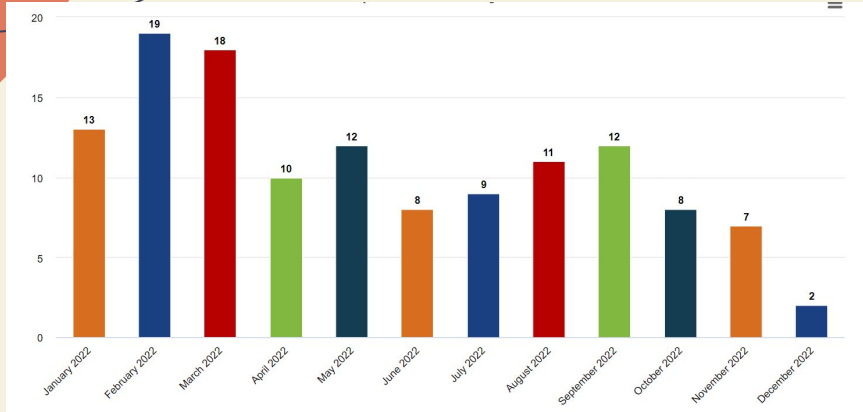


For BD and CBD Program Clients



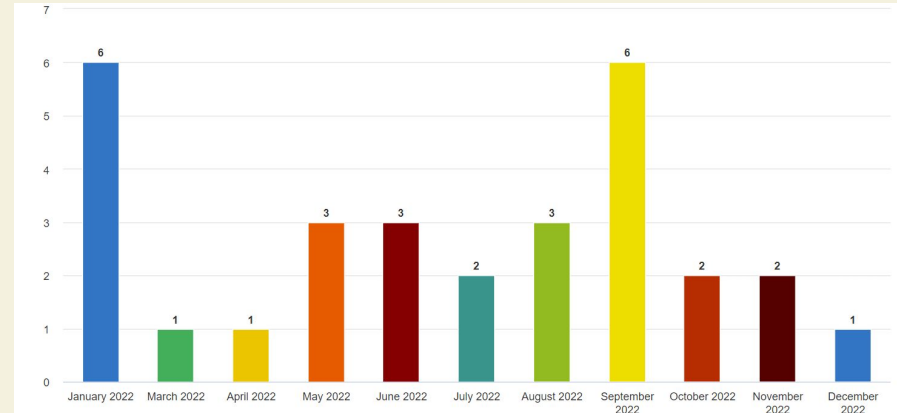
NEW ENROLLMENTS

BIRTH DOULA



Total: 129

COMMUNITY-BASED DOULA

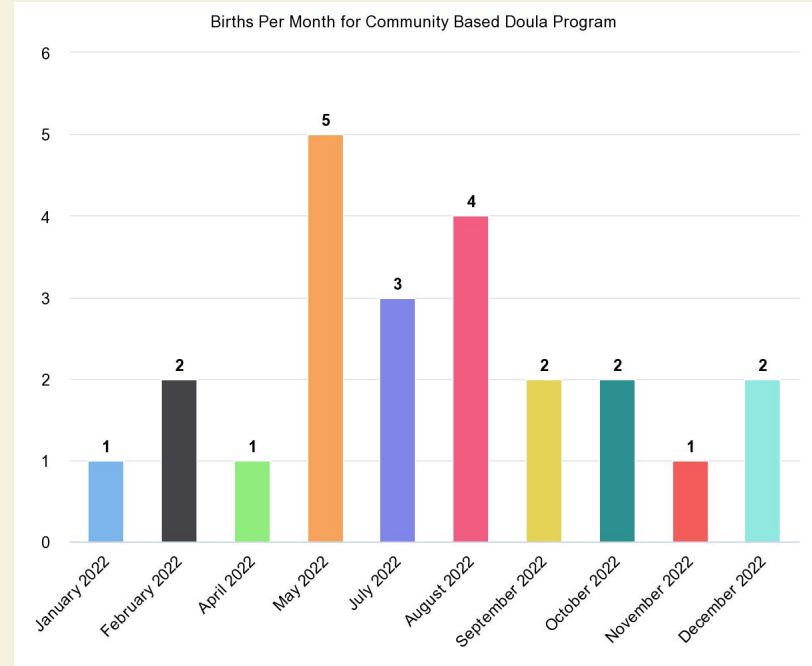
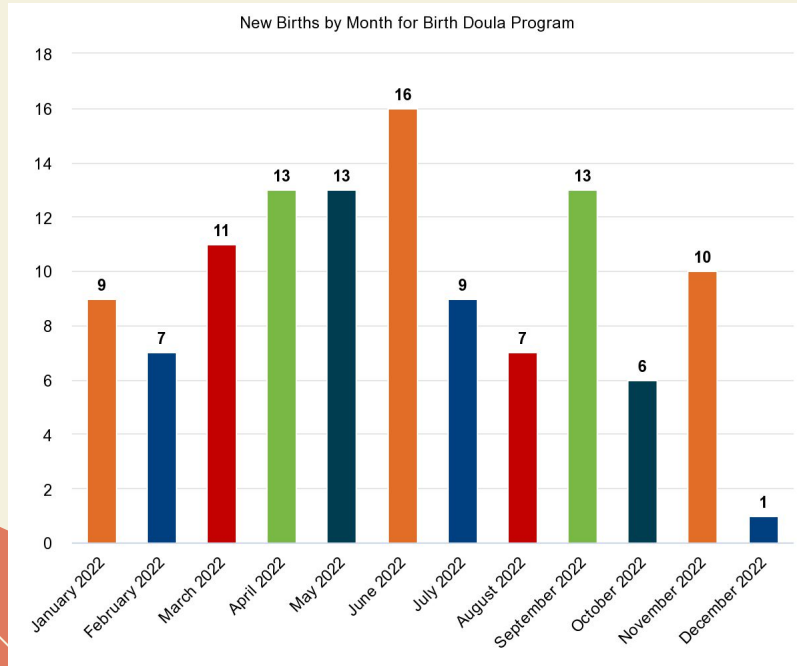


Total: 30

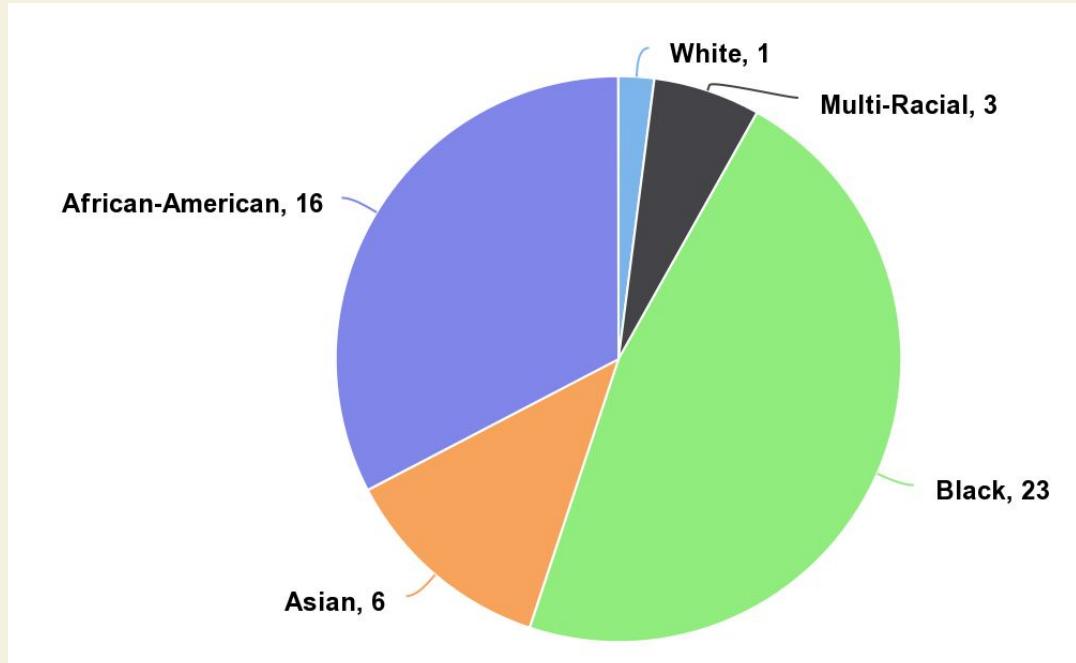
BIRTHS PER MONTH

BIRTH DOULA: Total 115

COMMUNITY- BASED DOULA: Total 23



FIRST TIME PARENTS



COMMUNITY- BASED DOULA & BIRTH DOULA:
Total 49

METHODS OF BIRTH



VAGINAL

BD: 70.4%

CBD: 69.6%



PLANNED C-SECTION

BD: 12.2%

CBD: 13%



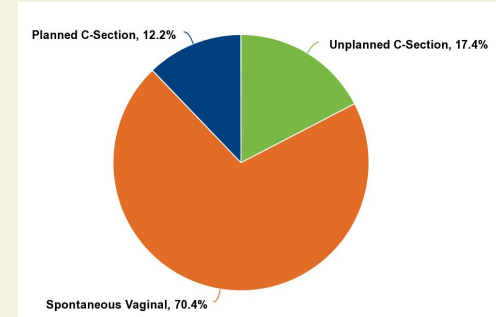
UNPLANNED C-SECTION

BD: 17.4%

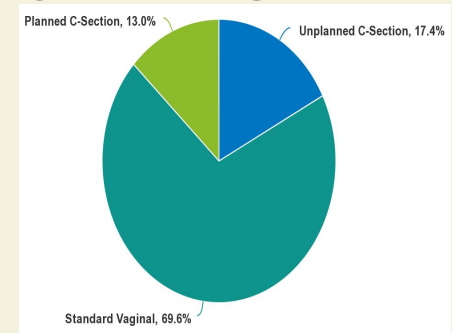
CBD: 17.4%



BIRTH DOULA



COMMUNITY-BASED



PRETERM, BREASTFEEDING & NICU

	BIRTH DOULA	COMMUNITY-BASED
PRETERM BIRTHS	6 out of 115 Births	5 out of 23 Births
BREASTFEEDING	95.7%	87%
NICU RATE	7.83%	13%



CASE MANAGEMENT

PROGRAM OVERVIEW

- Case Management program include providing birth doula services, postpartum support, childbirth education, lactation support services in person or virtual, ASQ screening and as a resource connector, referring to other supports.
- Working with clients from prenatal to baby's 5th birthday.
- Provides wrap-around services to expecting parents of the African American, East African and Afghan community.

Eligibility:

- Immigrant, Refugee or Black or African-American
- Child within prenatal to 5 years old
- King County and Tacoma Area (Washington State)
- *For Doula Program: Low-income, Medicaid recipient, or DSHS recipient*

CM PROGRAM SERVICES

ASQ



Doula



Case Manager
/Resource Connector



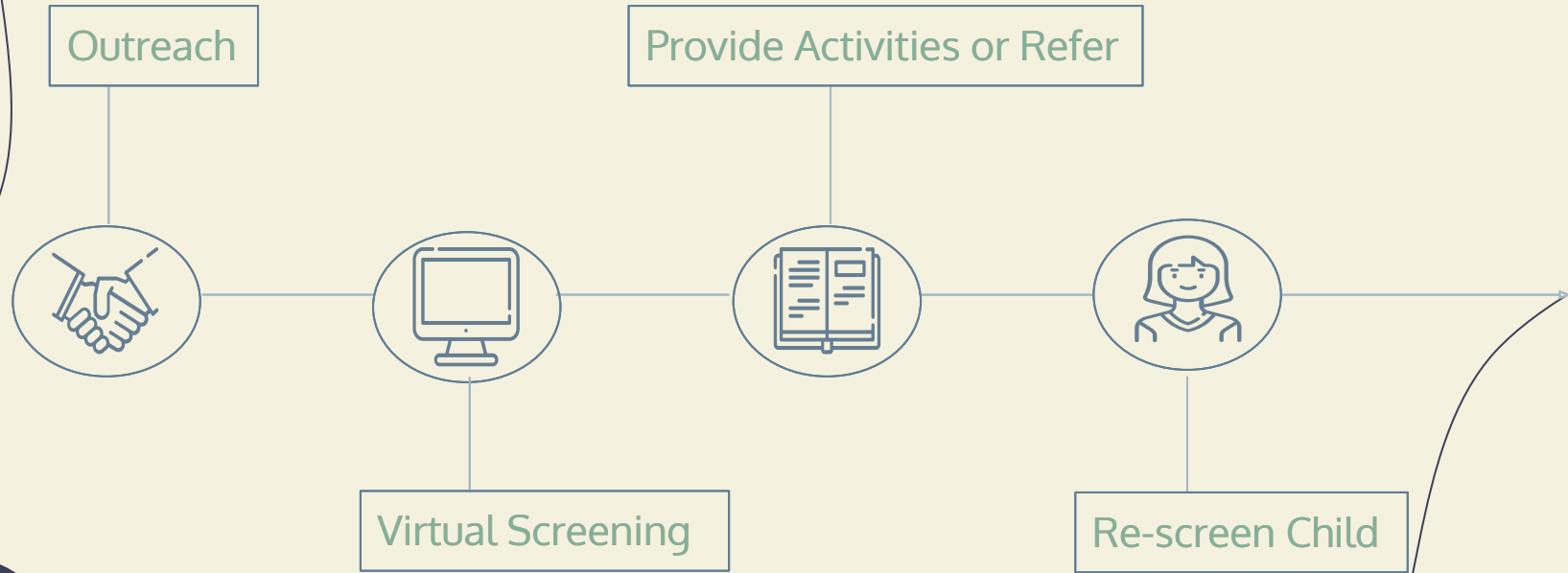
ASQ-3
PROGRAM

What is ASQ-3?

ASQ-3 stands for Ages and Stages (version 3) and is a set of simple questionnaires about a child's development.

These questionnaires look at how the child is doing in areas such as language, movement, and social skills. ASQ-3 can help identify your child's strengths as well as any areas of challenge. Early detection and intervention of possible developmental delays have a positive impact on health outcomes.

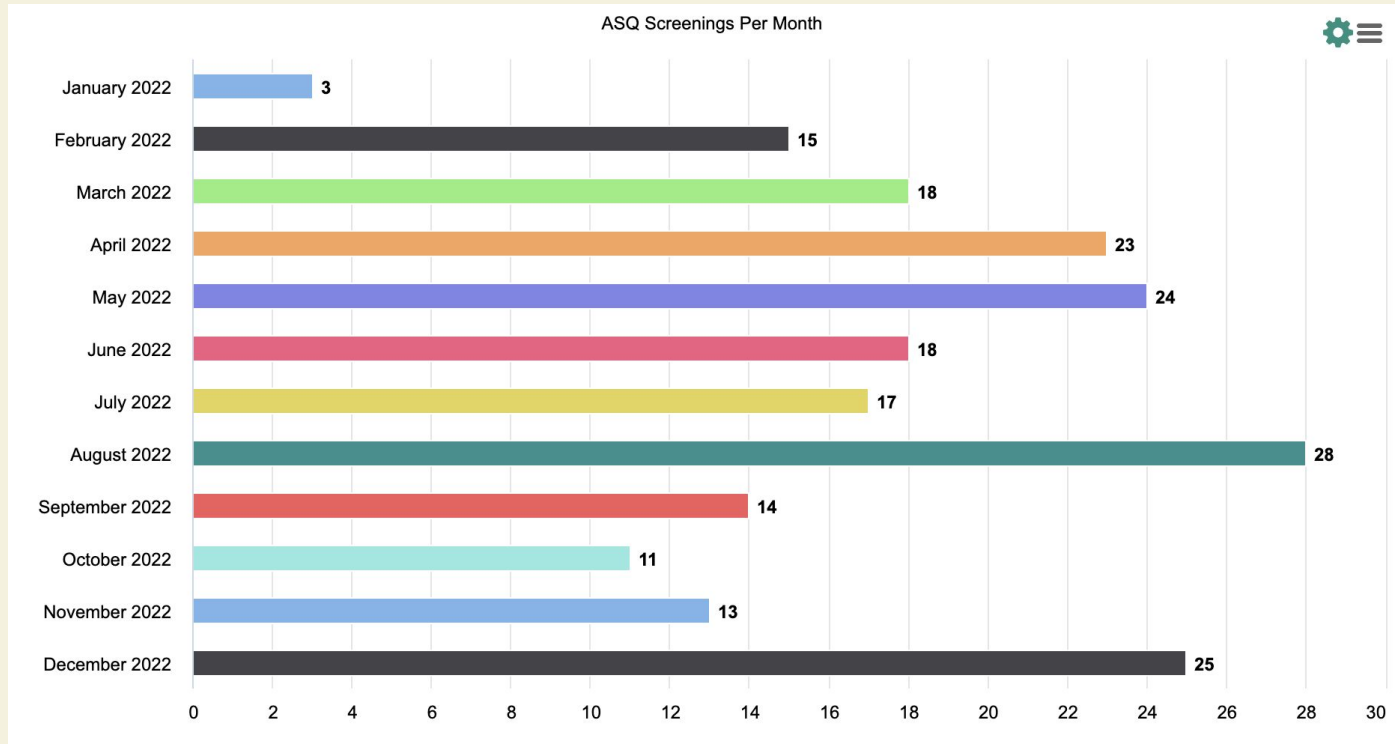
HOW ASQ-3 WORKS:



*Families receive a \$30 Safeway gift card per child's first screening

ASQ Monthly Screenings

209 Screenings!



Current Data as of 1/4/2023

ASQ Languages



Results

Primary Languages:
10 different languages

Top Languages:

Dari

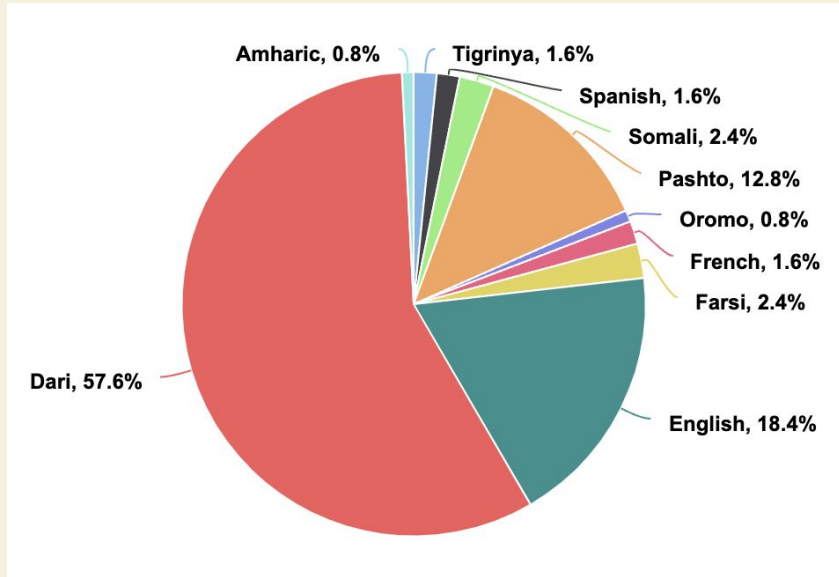
57.6%

English

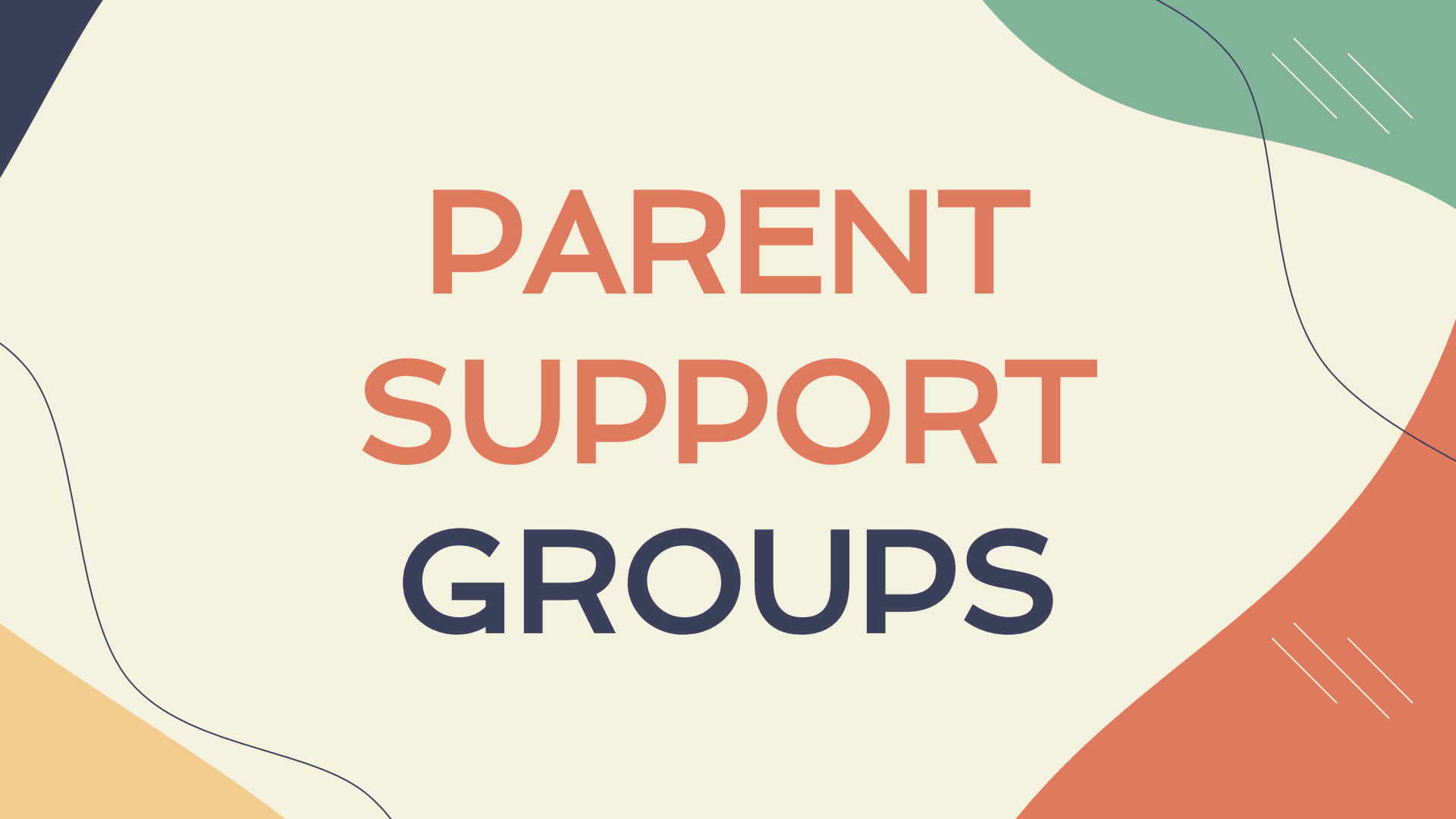
18.4%

Pashto

12.8%



Current Data as of 1/4/2023



PARENT SUPPORT GROUPS

PARENT SUPPORT GROUPS/CLASSES



Mom's Corner

Every 1st Saturday of the month 5-6 PM



Father to Father Group

3rd Friday of the month
4-5 PM



Oromo Sister's Corner

Every 2nd and 4th
Sunday 1-2 PM



Parenting Well: For Us, By Us

Every 2nd and 4th
Sunday 3-4 PM

Lactation Support

Every Tuesday Hybrid 10AM-12PM
Hotline now available! 888-260-1426



Childbirth Education

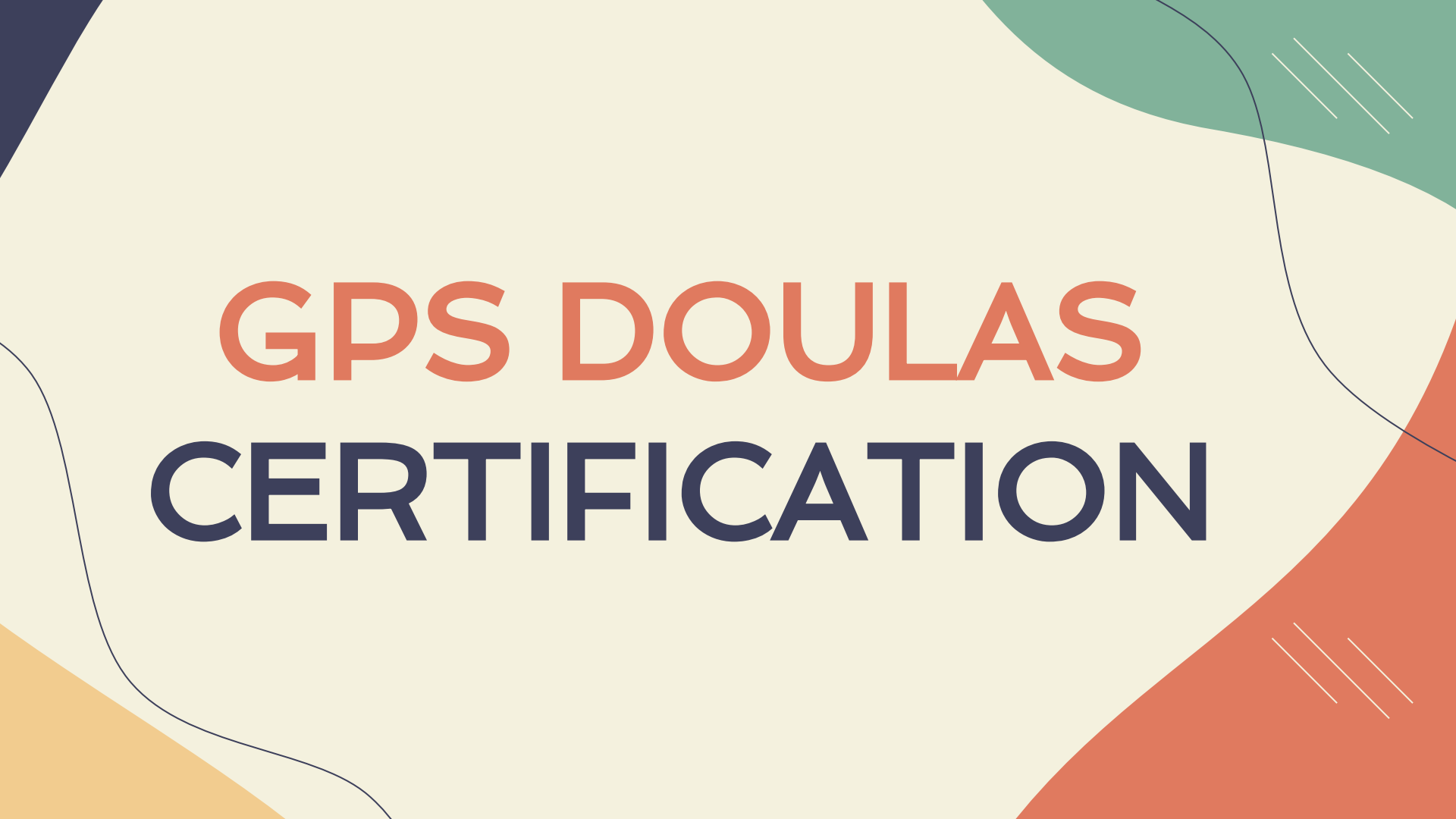
Every Wednesday 6-8 PM



Contraception Clinic

Last Wednesday 5-6 PM





GPS DOULAS CERTIFICATION

GPS DOULAS

Certifying Doulas Locally & Globally

GPS Doulas is a program that is part of Global Perinatal Services.

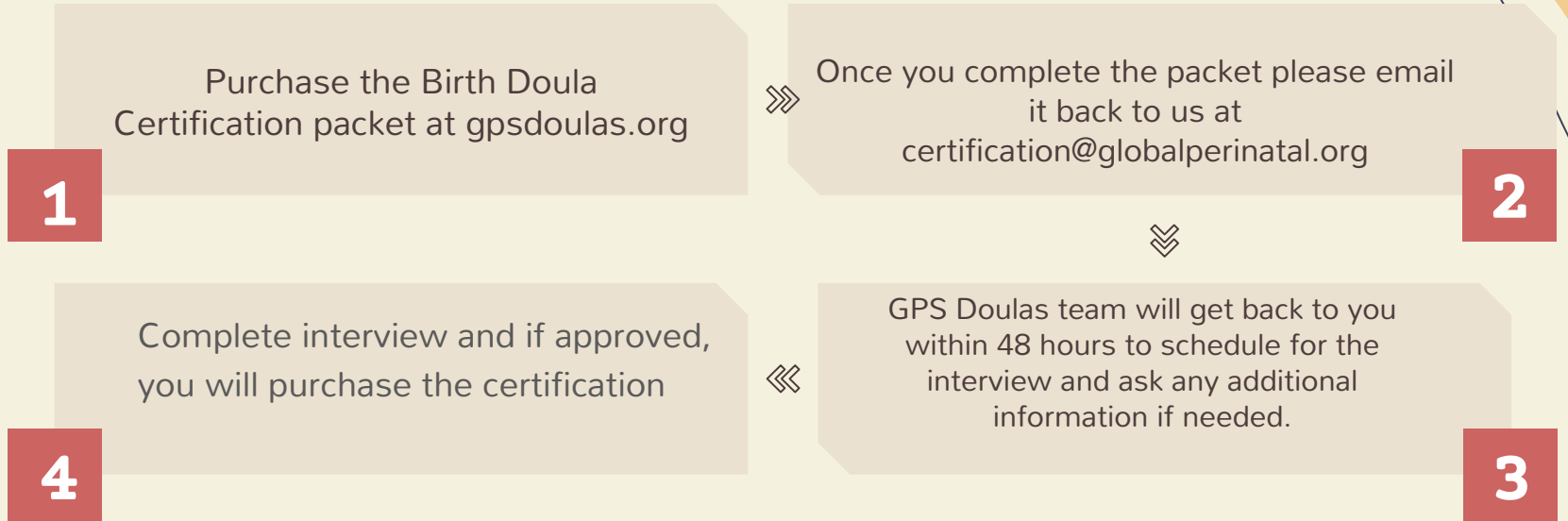
Mission:

To provide an excellent doula certification pathway based on a competency assessment that ensures that the doulas are competent and professional in their profession roles.

Vision:

That all birthing people who want doula services should have access to doula services. Doulas are seen as an essential part of healthcare. Doulas are paid fair compensation. Doulas have access to continuing education opportunities.

CERTIFICATION PATHWAY



Since GPS Doulas' August launch, we've certified 2 doulas and are currently interviewing 3 more!

WHAT TO EXPECT IN 2023



DOULA MENTORSHIP

Shadowing and learning opportunities



PERINATAL YOGA SERIES

Yoga classes for each stage of pregnancy and postpartum



PROGRAM EXPANSION

Case management & Parent support groups



GPS GALA

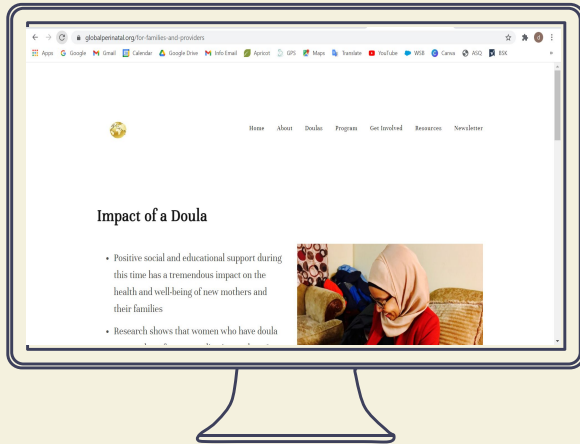
Event for doulas, stakeholders, and community members to celebrate GPS!



04

CLOSING REMARKS

STAY CONNECTED



Website: GlobalPerinatal.org

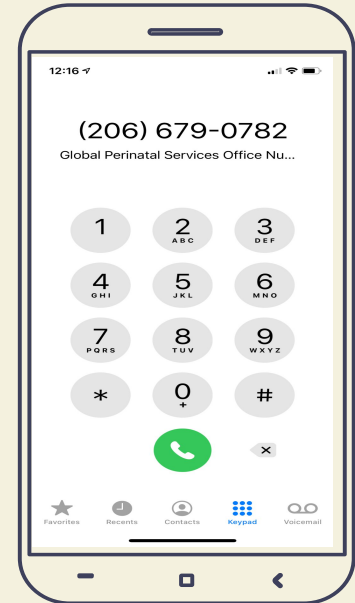
Email

info@globalperinatal.org



Instagram:

@GlobalPerinatalServices



Phone Number

206.679.0782

THANKS!

DO YOU HAVE ANY
QUESTIONS?

info@globalperinatal.org

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