

PRE-ECLAMPSIA

KNOW THE FACTS TO BE PREPARED

WHAT IS IT?

Preeclampsia is a serious blood pressure condition that can happen after the 20th week of pregnancy or after giving birth (called postpartum preeclampsia).



RISKS TO YOU:

- Stroke
- Seizure
- Organ Damage
- Blood Clotting
- Death

RISKS TO THE BABY:

- Premature Birth
- Death

SIGNS OF PREECLAMPSIA



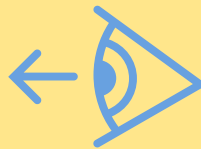
Stomach Pain



Headache



**Feeling Nauseous;
Throwing Up**



**Seeing Spots;
Blurry Vision**



**Swelling in Hands
& Face**



**Gaining more than
5 pounds in a
week**

WHAT TO DO NEXT?

If you are worried you might have pre-eclampsia contact your doctor or midwife right away. Detecting pre-eclampsia early is important for both you and your baby.

GLOBAL PERINATAL SERVICES

(206) 679-0782 | info@globalperinatal.org
32700 Pacific Hwy S, Suite 12, Federal Way, WA 98003